

# **2018 Resource Directory**

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## **ACADEMIC ADVISING**

**Academic Strategies:** San Clemente, CA 760.774.4806 dr.pattydrown@ yahoo.com

## **ADOPTION/FOSTER CARE**

**Foster and Kinship Care Education:** Saddleback College, 2800 Marguerite Parkway, Mission Viejo, 92692 949.582.4733 www.saddleback.edu Email: scfkce@saddleback.edu

**Hope4Kids:** 34071 La Plaza, Suite 200, Dana Point, CA 92629 949.443.3315 www.hope4kids.com

## **AFTER SCHOOL RESOURCES**

**Boys & Girls Club of Capistrano Valley:** 1 Via Postiva, San Juan Capistrano, CA 92672 949.240.7898 www.bgccapo.com

**Boys & Girls Club of the South Coast Area:** 1304 Calle Valle, San Clemente, CA 92672 949.492.0376 www.bgcsca.org

**Capistrano Unified School District After Hours Recreation YMCA:** 949.496.1609 www.ymcaoc.org

**City of San Clemente - After Hours Recreation:** Various middle schools, 949.361.8264 www.san-clemente.org/recreation

**City of San Clemente- Fun on the Run:** (Various locations) 949.429.8797 www.san-clemente.org/recreation

## **AIDS/SEXUALLY TRANSMITTED DISEASES/TESTING**

**AIDS Services Foundation Orange County:** 17982 Sky Park Circle, Irvine, CA 92614 949.809.5700 www.ocasf.org

**Planned Parenthood:** 26137 La Paz Road #200 Mission Viejo, CA 92691 714.922.4100 www.plannedparenthood.org

**Shanti-Orange County:** (No longer tests for Aids) 23461 South Pointe Dr., Ste. 100, Laguna Hills, CA 92652 949.452.0888 www.shantioc.org

## **ANGER MANAGEMENT**

**AJ Novick Group:** Teens/Adults 333 3rd Street, Suite 4, Laguna Beach, CA, 92651 949.715.2694 www.ajnovicgroup.com

**Art and Creativity for Healing (TEENS):** 23011 Moulton Parkway, Ste. I-5, Laguna Hills, CA 92563 949.367.1902

**Associates In Counseling and Mediation (Adults):** 25201 Paseo De Alicia, Suite 100, Laguna Hills, CA, 92653 714.547.1404 www.ocacminc.com

**South OC Family Resource Center - Life Skills:** Families with children 22481 Aspan St., Lake Forest, CA 92630 949.364.0500 www.socfrc.org

## **BATTERED PERSONS/VICTIMS/ADULT ABUSE**

**Community Service Programs Inc.:** 1221 E. Dyer Rd 120 Santa Ana, CA 92705 949.250.0488 www.cspinc.org

**CSP Elder Abuse:** 1221 E. Dyer Rd., Santa Ana, CA 92705 714.347.8828 www.cspinc.org

**Get Safe:** 15032 Red Hill Ave. Ste. E, Tustin, CA 92780 714.834.0050 www.getsafeusa.com

**Human Options-Domestic Violence:** 5540 Trabuco Road, Irvine, CA 92619 949.854.3554 www.humanoptions.org

**Kathy's House:** P.O. Box 1466, San Juan Capistrano, CA 92693 949.248.8300

[www.kathyshousesjc.org](http://www.kathyshousesjc.org)

**Laura's House:** 999 Corporate Dr., Ladera Ranch, CA 92694 866.498.1511 [www.laurashouse.org](http://www.laurashouse.org)

**OC Social Services Agency:** Adult Protective Services 800.451.5155 [ssa.ocgov.com/abuse/elder](http://ssa.ocgov.com/abuse/elder)

## **CANCER SUPPORT**

**American Cancer Society Orange County:** 1940 E. Deere Ave. #100, Santa Ana, California 92705

800.227.2345 or 949.261.9446 [www.cancer.org](http://www.cancer.org)

**Leukemia/Lymphoma Society Orange County:** 515 N. Cabrillo Park Dr. #102, Santa Ana, CA 92701

(714) 481-5600 [www.lls.org](http://www.lls.org)

**Mission Hospital (multiple support groups):** 27700 Medical Center Rd. Mission Viejo, CA 92691

949.364.1400 [www.mission4health.com](http://www.mission4health.com)

**Saddleback Memorial Hospital (multiple support groups):**

24451 Health Center Drive, Laguna Hills, CA 92653 949.837.4500 [www.memorialcare.org](http://www.memorialcare.org)

**San Clemente Cancer Support:** San Clemente Presbyterian Church 119 N. Avenida De La Estrella,

San Clemente, CA 92672 949.492.6158 [www.scpres.org](http://www.scpres.org)

**Susan G. Komen Orange County:** 2917 McGaw Ave., Irvine, CA 92614 714.957.9157

[www.komenoc.org](http://www.komenoc.org)

## **CHILD CARE ASSISTANCE**

**Capo Valley Head Start:** 31485 El Camino Real, San Juan Capistrano, CA 92675 949.661.8029

[www.ochsinc.org](http://www.ochsinc.org)

**Saddleback College Child Development Center:** 28000 Marguerite Pkwy, Mission Viejo, CA 92692

949.582.4582 [www.saddleback.edu/cdc](http://www.saddleback.edu/cdc)

**YMCA After School Care (Various locations):** 949.542.3904 [www.ymcaoc.org](http://www.ymcaoc.org)

## **COMMUNITY/CIVIC ORGANIZATIONS**

**Chamber of Commerce-San Clemente:** 1231 Puerta Del Sol, Suite 200, San Clemente, CA 92673

949-492-1131 [www.scchamber.com](http://www.scchamber.com)

**Exchange Club of San Clemente:** PO Box 293, San Clemente, CA 92674 949.412.6301

[sites.google.com/site/sanclementeexchangeclub/](http://sites.google.com/site/sanclementeexchangeclub/)

**Friends of San Clemente Beaches, Parks and Recreation:** 910 Calle Negocio, Suite #101 San

Clemente, CA 92673 949.276.8866 [www.sanclementeparksfoundation.org](http://www.sanclementeparksfoundation.org)

**Human Affairs Committee (HAC) San Clemente:** 949.361.8200 [www.san-clemente.org/department-](http://www.san-clemente.org/department-services/social-services/human-affairs)

[services/social-services/human-affairs](http://www.san-clemente.org/department-services/social-services/human-affairs)

**Kiwanis Club of San Clemente:** PO Box 32, San Clemente, CA 92674 949.498.6530

[www.sanclementekiwanis.com](http://www.sanclementekiwanis.com)

**San Clemente Collaborative:** 949.547.7260 [www.facebook.com/sccollaborative/](http://www.facebook.com/sccollaborative/)

**San Clemente Downtown Business Association:** 144 Avenida Del Mar, R, San Clemente, CA 92672

949.218.5378 [www.villagesanclemente.org](http://www.villagesanclemente.org)

**San Clemente Elks Lodge:** 1505 N El Camino Real, San Clemente, CA 92672 949.492.2068

[www.elks.org](http://www.elks.org)

**San Clemente Rotary:** P.O. Box 4, San Clemente, CA 92674 [www.facebook.com/sanclemrotary](http://www.facebook.com/sanclemrotary)

**San Clemente Sunrise Rotary:** 990 Talega Ave., San Clemente, CA 949.369.6226 x 106

[www.scsunriserotary.com](http://www.scsunriserotary.com)

## **CONSUMER CREDIT COUNSELING**

**Consumer Credit Counseling-Orange County:** 800.550.1961 [www.greenpath.com/cccsoc-greenpath](http://www.greenpath.com/cccsoc-greenpath)

## **DENTAL CARE/LOW COST**

**Camino Health Clinic - Children 0-21 (Health/Dental):** 30300 Camino Capistrano, San Juan Capistrano, CA 92675 949.488.7682 [www.caminohealthcenter.org/dental](http://www.caminohealthcenter.org/dental)

**Healthy Smiles – Children 0-18:** 10602 Chapman Ave, Ste 200, Garden Grove, CA 92840 714.537.0700 [www.healthysmilesoc.org](http://www.healthysmilesoc.org)

**Hurttt Family Health Clinic (Health/Dental):** 1 Hope Dr, Tustin, CA 92782 714.247.0300 [www.hurtttclinic.org](http://www.hurtttclinic.org)

**Laguna Beach Community Clinic (Health/Dental):** 362 Third St., Laguna Beach, CA 92651 949.494.0761 [www.ibclinic.org](http://www.ibclinic.org)

**OC Health Care Agency (Health/Dental):** 1725 W. 17th St., Santa Ana, CA 92706 800.914.4887 [www.ochealthinfo.com](http://www.ochealthinfo.com)

**SOS Dental Clinic:** 1550 Superior Ave., Costa Mesa, CA 92627 949.270.2100 [www.shareourselves.org](http://www.shareourselves.org)

## **DISABILITY SERVICES**

**Dayle McIntosh Disability Services:** 24031 El Toro Rd., Ste 320, Laguna Hills, CA 92653 949.460.7784 [www.daylemc.org](http://www.daylemc.org)

**Shea Therapeutic Riding Center:** 26284 Oso Rd, San Juan Capistrano, CA 92675 949.240.8441 [www.sheacenter.org](http://www.sheacenter.org)

## **DISASTER/SAFETY/EMERGENCY**

**City of San Clemente-Emergency Services:** Steven Foster, Emergency Coordinator 910 Calle Negocio, Suite 100, San Clemente, CA 92672 949.361.6109 [www.san-clemente.org/government/city-departments/public-works/emergency-planning/emergency-links](http://www.san-clemente.org/government/city-departments/public-works/emergency-planning/emergency-links)

**For Emergencies: Dial 911 - OC Sheriff**

**Non-emergency information:** 949.770.6011 [www.ocsd.org](http://www.ocsd.org)

**Fire Department - Orange County Fire Authority:** 714.573.6000 [www.ocfa.org](http://www.ocfa.org)

**County of Orange:** [www.ReadyOC.org](http://www.ReadyOC.org)

**Great California Shake-Out:** [www.shakeout.org](http://www.shakeout.org)

**Red Cross OC:** [www.redcross.org](http://www.redcross.org)

## **DOMESTIC VIOLENCE SHELTERS**

**Human Options:** 1500 Adams Ave #206, Costa Mesa, CA 92626 949.737.5242/877.854.3594 [www.humanoptions.org](http://www.humanoptions.org)

**Interval House:** 6615 E. Pacific Coast Hwy #170, Long Beach, CA 90803 562.594.4555 [www.intervalhouse.org](http://www.intervalhouse.org)

**Kathy's House:** 34175 Camino Capistrano Ste 101, Capistrano Beach, CA 92624 949.248.8300 [www.kathyshousesjc.org](http://www.kathyshousesjc.org)

**Laura's House:** 999 Corporate Dr #225, Ladera Ranch, CA 92694 866.498.1511 [www.laurashouse.org](http://www.laurashouse.org)

## **DRUG/ALCOHOL/TOBACCO/ADDICTION SUPPORT**

**Alcoholics Anonymous:** OC (Weekly meetings in San Clemente) 30011 Ivy Glen Dr #117, Laguna Niguel, CA 92677 949.582.2697 or Santa Ana 714.556.4555 [www.oc-aa.org](http://www.oc-aa.org)

**Al-Anon:** (Weekly meetings in San Clemente) SC Presbyterian Church 119 N. Avenida de la Estrella San Clemente, CA 92672 714.748.1113 [www.ocalanon.org](http://www.ocalanon.org)

**American Lung Association:** Orange County 513 E. 1st Street Suite B. Tustin, CA 92780 714.835.5864 or 800.586.4872 [www.lung.org](http://www.lung.org)

**Nar-Anon:** (Weekly meetings in San Clemente) Talega Life Church 1040 Calle Negocio San Clemente, CA 92673 310.534.8188 or 800.477.6291 [www.naranoncalifornia.org](http://www.naranoncalifornia.org)

## **EMERGENCY ASSISTANCE/BASIC NEEDS**

**Catholic Charities:** 1820 E. 16th, Santa Ana, CA 92701 714.347.9600 [www.ccoc.org](http://www.ccoc.org)

**Community Action Partnership:** 11870 Monarch St, Garden Grove, CA 92841 714.897.6670 [www.capoc.org](http://www.capoc.org)

**Family Assistance Ministries:** 1030 Calle Negocio, San Clemente, CA 949.492.8477 [www.family-assistance.org](http://www.family-assistance.org)

**Families Forward:** 8 Thomas, Irvine, CA 92618 949.552.2727 [www.families-forward.org](http://www.families-forward.org)

**Illumination Foundation:** 2691 Richter Ave # 107, Irvine, CA 92606 949.273-0555 [www.ifhomeless.org](http://www.ifhomeless.org)

**Share Our Shelves (SOS):** 1550 Superior Ave, Costa Mesa, CA 92627 949.270.2100 [www.shareourselves.org](http://www.shareourselves.org)

**Saddleback Peace Center:** 1 Purpose Dr, Lake Forest, CA 92630 949.609.8119 [www.saddleback.com](http://www.saddleback.com)

**Serving People in Need (SPIN):** 151 Kalmus Dr, Costa Mesa, CA 92626 714.751.1101 [www.spinoc.org](http://www.spinoc.org)

**South County Outreach:** 7 Whatney, Suite B, Irvine, CA 92618 949.380.8144 [www.sco-oc.org](http://www.sco-oc.org)

## **EMPLOYMENT/JOB SEARCH/COUNSELING**

**Coastal Regional Occupation Program:** 1001 Presidio Square, Costa Mesa, CA 92626 714.979.1955 [www.coastlinerop.net](http://www.coastlinerop.net)

**Family Assistance Ministries:** 1030 Calle Negocio, San Clemente, CA 92673 949.492.8477 [www.family-assistance.org](http://www.family-assistance.org)

**Department of Rehabilitation:** 24012 Calle la Plata Ste 200, Laguna Hills, CA 949.598.7942 [www.dor.ca.gov](http://www.dor.ca.gov)

**OC One Stop Center:** 17891 Cartwright Rd #100, Irvine, CA 92614 949.341.8000 [www.oconestop.com](http://www.oconestop.com)

**Saddleback College Career Center:** 28000 Marguerite Pkwy, Mission Viejo, CA 92692 949.582.4575 [www.saddleback.edu/cclcd](http://www.saddleback.edu/cclcd)

## **FAMILY RESOURCE CENTERS**

**Aliso Viejo Family Resource Center:** 24671 Via Iglesia, Aliso Viejo, CA 92656 949.699.2552

**CHEC Family Resource Center:** 27412 Calle Arroyo, San Juan Capistrano, CA 92675 949.489.7742 [www.mission4health.com](http://www.mission4health.com)

**Mariposa Women/Family Center:** 812 W Town & Country Rd, Orange, CA 92868 714.547.6494 [www.mariposacenter.org](http://www.mariposacenter.org)

**South County Family Resource Center:** 22841 Aspen St., Lake Forest, CA 92630

949.364-0500 [www.socfrc.org](http://www.socfrc.org)

### **FOOD BANKS/SOUTH ORANGE COUNTY**

**Family Assistance Ministries:** Call FAM as Food distribution hours vary

1030 Calle Negocio, San Clemente, CA 949.492.8477 [www.family-assistance.org](http://www.family-assistance.org)

**Families Forward:** M -Th (9am-5pm) F- (9am-1pm) 8 Thomas, Irvine, CA 92618  
949.552.2727 [www.families-forward.org](http://www.families-forward.org)

**Father Serra's Pantry/Mission Basilica:** M/W/SAT (10:30am-12Noon) 31611 El Camino Real, San Juan Capistrano, CA 92675 949.234.1302 [www.serrapantryoutreach.org](http://www.serrapantryoutreach.org)

**Laguna Food Pantry:** M-F- (8:00-10:30 am)

20652 Laguna Canyon Road, Laguna Beach, CA, 92651 949. 497.7121 [www.lagunafoodpantry.com](http://www.lagunafoodpantry.com)

**Saddleback Peace Center:** M - Th ( 9am-5pm) & F ( 9-3pm) 1 Purpose Dr., Lake Forest, CA 92630  
949.609.8111 [www.saddleback.com/connect/ministry/peace-center](http://www.saddleback.com/connect/ministry/peace-center)

**South County Outreach:** MWTF 9am-3:30pm Tu 12-3:30pm

7 Whatney, Suite B, Irvine, CA 92618 949.380.8144 [www.sco-oc.org](http://www.sco-oc.org)

**Second Harvest Food Bank:** 8014 Marine Way, Irvine, CA 92618 949.653-2900 [www.feedoc.org](http://www.feedoc.org)

**St. Killian's Church:** 1st Wed (4-7pm) 26872 Estanciero, Mission Viejo CA 92691 949.586.4440  
[www.stkillianchurch.org](http://www.stkillianchurch.org)

**St. Michael's Church:** M -(9am-3:30pm) 107 West Marquita, San Clemente, CA, 92672  
949.366.9480 [www.mystmichaels.com](http://www.mystmichaels.com)

### **FOOD/FARMERS MARKETS – SOUTH ORANGE COUNTY**

**Dana Point:** Saturday's (9am-1pm) Pacific Coast Hwy & Golden Lantern Dana Point, CA

**Laguna Beach:** Saturdays (8am-12Noon) Lumberyard Parking Lot- next to the City Hall Laguna Niguel, CA

**Laguna Hills:** Fridays (9am-1pm) El Toro Road & Avenida De La Carlota Laguna Hills, CA **\*May be closed for construction**

**San Clemente:** Sundays (9am-1pm) 200 block Ave. Del Mar Dr. San Clemente, CA

**San Juan Capistrano:** Wed Nov-Mar:(3 - 6 pm), April- Oct:(3-7 pm) El Camino Real & Yorba Street San Juan Capistrano, CA

### **GRIEF/HOSPICE SUPPORT**

**Art & Creativity for Healing:** Grief Support 23011 Moulton Pkwy, Ste I-5, Laguna Hills, CA 92653  
949.367.1902 [www.art4healing.org](http://www.art4healing.org)

**Capo Calvary Church:** Grief Share 25976 Domingo Ave. Capistrano Beach, CA 92624  
949.493.2006 x 219 [www.capobeachchurch.com](http://www.capobeachchurch.com) Compassionate Friends - 1st Weds 7-9pm

**Death of a Child Bereavement Support Group:** 20 Lake Road, Irvine, CA 714.504.7042  
[www.compassionatefriends.org](http://www.compassionatefriends.org)

**Laguna Presbyterian Church:** Spring & Fall Groups 415 Forest Avenue Laguna Beach , CA 92651  
949.494.7555 [www.lagunapreschurch.org](http://www.lagunapreschurch.org)

**Memorial Care Laguna Hills:** 24451 Health Center Drive, Laguna Hills, CA 92653 949. 837.4500  
[www.memorialcare.org/events](http://www.memorialcare.org/events)

**Mission Basilica:** 2nd Thursday of the month (3-4:30pm) 31520 Camino Capistrano, San Juan Capistrano, CA 92672 949.328.5660 [www.silveradocare.com/hospiceoc](http://www.silveradocare.com/hospiceoc)

**Mission Hospital:** Adult & Child Grief Support Groups 27700 Medical Center Road, Mission Viejo, CA 92691 949.364.1400 [www.mission4health.com](http://www.mission4health.com)

31872 Coast Hwy, Laguna Beach 92651 949.499.1311

**Gary's Place for Kids:** 1st & 3rd Mon (6-7pm) 26726 Crown Valley Pkwy, Mission Viejo, CA 92691  
949.348.0548

**Kids Konneted:** Hours vary [www.kidskonneted.org](http://www.kidskonneted.org)

**Presbyterian Church of the Master:** 25051 Marguerite Parkway, Mission Viejo, CA 92692  
949.582.2670 [www.mypcom.com](http://www.mypcom.com)

**Saddleback Church:** 13 week session 1 Saddleback Parkway, Lake Forest, CA 92630  
949.609.8000 [www.saddleback.com/care/supportgroups](http://www.saddleback.com/care/supportgroups)

**Project Josh:** Grief Support Group for those who have lost a loved one to substance abuse or currently struggling with a loved one's addiction! [Projectjosh.org](http://Projectjosh.org) Hours: every Wednesday

**Norman P. Murray Community/Senior Center:** 24932 Veterans Way Mission Viejo, CA 92692  
949.874.1047 [www.solaceoc.org](http://www.solaceoc.org)

**Soul Chat:** Grief Support Group for Teens & Young Adults who have lost a loved one to substance abuse 24932 Veterans Way Mission Viejo, CA 92692 949.874.1047 [www.solaceoc.org](http://www.solaceoc.org)

**South Shores Church:** Thursday's (1-3pm)

32712 Crown Valley Pkwy, Dana Point, CA 92629 949.496.9331 [www.southshores.org](http://www.southshores.org)

**St. Timothy Catholic Church:** 8 week group 29102 Crown Valley Parkway, Laguna Niguel, CA  
92677 949.249.4091 [www.st-timsrc.org](http://www.st-timsrc.org)

**VITAS Innovative Hospice Care of Orange County:** 310 Commerce, Ste. 200, Irvine, CA 92602  
714.921.2273 or 844.767.8267 [www.vitas.com/ca/southern-california-hospice/about-us/locations](http://www.vitas.com/ca/southern-california-hospice/about-us/locations)

## **HEALTH CARE INSURANCE COUNSELING**

**Camino Health Clinic:** 30300 Camino Capistrano, CA San Juan Capistrano, CA 92675  
949.240.2272 [www.caminohealthcenter.org](http://www.caminohealthcenter.org)

**CHEC Family Resource Center:** 27412 Calle Arroyo, San Juan Capistrano, CA 92675 949.489.7742  
[www.mission4health.com](http://www.mission4health.com)

**Coalition of Orange County Community Clinics:** 515 N. Cabrillo Park Dr. Santa Ana, CA 92701  
714.352.5990 [www.coccc.org](http://www.coccc.org)

**Covered California:** 800.300.1506 [www.coveredca.com](http://www.coveredca.com)

**OC Health Care Agency Referral:** 1725 West 17th Street, Santa Ana, CA 92706 800.564.8448  
[www.ochealthinfo.com](http://www.ochealthinfo.com)

## **HOMELESS RESOURCES/PROGRAMS**

### **Shelters for Single Males**

**HIS House:** 714.993.5774

**Interfaith Shelter Network-North:** 714.738.0534 Salvation Army-714.832.7100

**Shelter for the Homeless:** 714.897.3221

**O.C. Rescue Mission:** 714.285.2840

### **Shelters for Single Females**

**Bethany House:** 714.289.6761

**Interfaith Shelter Network-North:** 714.38.0534 Salvation Army-714.542.9576

**Shelter for the Homeless:** 714.897.3221

**SHIP - American Family Housing:** 714.897.3221

**Orange Coast Interfaith:** 800.775.7213



**Orange County Rescue Mission:** 714.287-4300

### **Shelters for Families & Couples**

**First Southern Baptist:** 714.522.7201(Individual & Families)

**Orange Coast Interfaith:** 949.631.7213

**Orange County Rescue Mission:** 714.285.2840 Salvation Army- 714.542.9576

**Shelter for the Homeless:** 714.897.3221

**Colette's Children's Home:** 714.596.1380

**House of Hope:** 714.258.4450 (families of 5 or less)

### **Transitional Housing**

**Families Forward:** 949.552.2727

**Friendship Shelter:** 949.494.6928 (Emergency/Transitional Shelter)

**Human Options:** 949.737.5242 (Emergency/Transitional -Families)

**Orange Coast InterFaith:** 949.631.7213 x 100 (Individuals & Families)

**The Sheepfold:** 714.237.1444 (Individuals & Families)

**Veterans First OC:** 714.547 .0615

### **Youth Services**

**Casa Youth Shelter:** 800.914.2272

**California Youth Crisis Line:** 1.800.THE.5200 (24-hour)

**CSP Youth Shelter:** Laguna Beach-949 .494.4311

**CSP Youth Shelter:** Huntington Beach-714.842.6600

**Community Service Programs Inc.:** 949.250.0488

### **HOSPITALS/CLINICS**

**Camino Health Clinic:** 30300 Camino Capistrano, CA, San Juan Capistrano, CA 92675 949.240.2272  
www.caminohealthcenter.org

**Children's Hospital at Mission (CHM):** 27700 Medical Center Drive, Mission Viejo, CA 92691  
949.364.1400 www.choc.org

**Children's Hospital of Orange County (CHOC):** 1201 W. La Veta, Orange, CA 92868  
714.997.3000 www.choc.org

**Hoag Memorial Hospital Presbyterian:** One Hoag Drive, Newport Beach, CA 92663  
949.764.HOAG(4624) www.hoag.org

**Hoag Hospital- Irvine:** 16200 Sand Canyon Ave, Irvine, CA 92618 949.764.4624 www.hoag.org

**Hurt Family Health Clinic:** 1 Hope Dr. Tustin, CA 92782 714.247.0300 www.hurtclinic.org

**Laguna Beach Community Clinic:** 362 Third St., Laguna Beach, CA 92651 949.494.0761  
www.lbclinic.org

**Kaiser Permanente Hospital- Irvine:** 6640 Alton Pkwy, Irvine, CA 92618 949. 932-5000  
www.kaiserpermanente.org

**Kaiser Permanente (Medical Office):** 30400 Camino Capistrano, San Juan Capistrano, CA 92675  
888.988-2800 www.kaiserpermanente.org

**St. Joseph Health Mission Hospital- Mission Viejo:**

27700 Medical Center Drive, Mission Viejo, CA 92691

949.364.1400 www.mission4health.com

**St. Joseph Health Mission Hospital- Laguna Beach:**

31872 Coast Highway, Laguna Beach, CA 92651 (949)499-1311 [www.mission4health.com](http://www.mission4health.com)

**OC Health Public Health Care Agency:**

1725 W. 17th St., Santa Ana, CA 92706 800.564.8448 [www.ochealthinfo.com](http://www.ochealthinfo.com)

**Saddleback Peace Center's Medical Clinic:** T/W/Th-8:30am-5 pm F-9am to 3pm

1 Purpose Dr, Lake Forest, CA 92630 949.609.8199 [www.shareourselves.org](http://www.shareourselves.org)

**Saddleback Memorial Hospital:** 24451 Health Center Dr. Laguna Hills, CA 949.837.4500

[www.memorialcare.org](http://www.memorialcare.org)

## **HOTLINES/INFORMATION & REFERRALS**

### **ALCOHOL**

**Alcohol Hotline:** 800.331.2900

**Al-Anon for Families of Alcoholics:** 800.344.2666

**Alcohol and Drug Helpline:** 800.821.4357

**Alcohol Treatment Referral Hotline:** 800.252.6465

**Alcohol & Drug Abuse Hotline:** 800.729.6686

**Al-Anon/Alateen:** 800.356.9996

**Families Anonymous:** 800.736.9805

**National Council on Alcoholism/Drug Hopeline:** 800.622.2255

### **CHILD ABUSE**

**Child Abuse Hotline:** 800.422.4453

**Child Help USA National Child Abuse Hotline:** 800.422.4453

**Child Protection Hotline:** 800.207.4464

**Covenant House:** 323.461.3131

**Judge Baker Children's Center:** 617.232.8390 Nat'l

### **CRISIS AND SUICIDE**

**Girls & Boys Town National Hotline:** 800.448.3000

**National Hopeline Network:** 800.442.4673

**National Suicide Prevention Lifeline:** 800.273.8255

**National Youth Crisis Hotline:** 800.442.4673

### **DETOX FACILITIES**

**Orange County Detox:** 949.200.7555 or 800.871.2020

**Charlie Street (Men Only):** 949.642.2941

### **DOMESTIC VIOLENCE**

**Laura's House:** 866.498.1511

**National Domestic Violence Hotline:** 800.799.7233

**National US Child Abuse Hotline:** 800.422.4453

### **MEDICAL**

**American Association of Poison Control Centers:** 800.222.1222

**America Social Health - STD Hotline:** 800.232.4636

**Alzheimer's Disease Education & Referral Center:** 800.438.4380

**CDC National HIV and AIDS Hotline:** 800.232.4636

**HOUSING/LOW INCOME/HUD**

**Cotton's Point Senior Apartments:** 2358 S El Camino Real San Clemente, CA 92672 949.366.2600  
www.cottonspointseniorapts.com

**Fair Housing Foundation:** www.fairhousing.com

**Jamboree Housing:** Corporate Office 17701 Cowan Ave., Ste 200, Irvine, CA 92614 949.263.8676  
www.jamboreehousing.com

**Mary Erickson Housing:**  
1291 Puerta Del Sol, San Clemente, CA 92673  
949.369-5419 www.maryerickson.org

**Mendocino Community Housing:**  
Talega Apartments 123 Calle Amistad, San Clemente, CA 9276723 949.498.6430  
www.jamboreehousing.com

**OC Affordable Housing:** www.ochousing.org

**The Presidio:** Section 8 affordable housing (formerly Casa De Seniors) 62 years +  
105 Avenida Presidio, San Clemente, CA 92672 949.492.2970 www.lowincomehousing.us

**US Department of Housing/Urban Development HUD:**  
34 Civic Center Plaza #7015 Santa Ana, CA 92701 714.796.5577 www.hud.gov

**HOUSING/RENTAL ASSISTANCE**

**California Franchise Tax Board:** 600 W. Santa Ana Blvd. Ste 300, Santa Ana, CA 92701  
800.868.4171 www.ftb.ca.gov

**Catholic Charities:** 1820 E 16th St, Santa Ana, CA 714.347.9600 www.ccoc.org

**Family Assistance Ministries:** 1030 Calle Negocio, San Clemente, CA 949.492.8477  
www.family-assistance.org

**Orange County Housing Authority:** 1770 N. Broadway, Santa Ana, CA 92706 714.480.2700  
www.ochousing.org

**Project Hope Alliance:**  
1954 Placentia Avenue, Suite 202, Costa Mesa, CA, 92627 949.722.7863 www.projecthopeschool.org

**Share Our Shelves (SOS):** 1550 Superior Ave, Costa Mesa, CA 92627 949.270.2100  
www.shareourselves.org

**Serving People in Need (SPIN):** 151 Kalmus Dr, Costa Mesa, CA 92626 714.751.1101  
www.spinoc.org

**IMMIGRATION ASSISTANCE**

**Access California Services:**  
631 S. Brookhurst St., Ste. 107, Anaheim, CA 92804 800.287.1332 www.accesscal.org

**Catholic Charities/Refugee Program:** 1820 E. 16th St., Santa Ana, CA 92701 714.347.9600  
www.ccoc.org

**Catholic Legal Immigration:** 1530 James Wood Blvd, Los Angeles, CA 90015 213.251.3400  
www.catholiccharitiesla.org

**Horizon Cross Cultural Center:** 3707 W. Garden Grove Blvd. Orange, CA 92868 714.537.0608

**OC Bar Association:** P.O. Box 6130, Newport Beach, CA 92658 949.440.6700 www.ocbar.org

**OC Social Services/Refugee:** Services 23330 Moulton Pkwy, Laguna Hills, CA 949.206.4000  
www.ssa.ocgov.com/calfresh/refugee

**World Relief-OC:** 13121 Brookhurst Ste H, Garden Grove, CA 92843 714.210.4730  
www.worldreliefsocal.org

**United States Bureau of Citizenship/Immigration:**

Federal Building, 34 Civic Center Plaza, Santa Ana, CA 92701 714.972.6500 [www.uscis.gov](http://www.uscis.gov)

**LEGAL ASSISTANCE**

**Legal Aid Society OC (Several clinics in OC):** 2101 North Tustin Avenue, Santa Ana CA 92705  
714.571.5200 [www.legal-aid.com](http://www.legal-aid.com)

**Serve the People:**

1206 East 17th Street, Suite 101, Santa Ana, CA 92701 714.352.2911 [www.serve-the-people.com](http://www.serve-the-people.com)

**Senior Legal Advocacy Program:**

2101 N. Tustin Ave., Santa Ana, CA 92705

800.834.5001 [www.officeonaging.ocgov.com](http://www.officeonaging.ocgov.com)

**LIBRARIES/LITTLE FREE LIBRARIES**

**OC Public Library-San Clemente:** 242 Avenida Del Mar, San Clemente, CA 92672 949.492.3493  
[www.ocpl.org](http://www.ocpl.org)

**OC Public Library - San Juan Capistrano:** 31495 El Camino Real, San Juan Capistrano, CA  
949.493.1752 [www.ocpl.org](http://www.ocpl.org)

**Little Free Libraries:** (4 locations in San Clemente) "Give a book, take a book" [www.littlefreelibrary.org](http://www.littlefreelibrary.org)

**MEDIA/NEWSPAPERS**

**San Clemente Times:** 34932 Calle Del Sol, Suite B, Capistrano Beach, CA, 92624 949.388.7700  
[www.sanclementetimes.com](http://www.sanclementetimes.com)

**Sun Post News:** 95 Avenida Del Mar, San Clemente, CA 92672 949.492.5122

**OC Register:** 2190 S. Towne Centre Pl. Anaheim, CA 92806 714.796.7984 [www.ocreger.com](http://www.ocreger.com)

**San Clemente Patch:** [www.sanclementepatch.com](http://www.sanclementepatch.com)

**MEDIA/RADIO/TV**

**KSBR 88.5 FM:** Mission Viejo, CA [www.ksbr.net](http://www.ksbr.net)

**KUCI 88.9 FM:** Irvine, CA [www.kuci.org](http://www.kuci.org)

**KX 93.5 FM:** Laguna Beach, CA [www.kx935.com](http://www.kx935.com)

**KWVE 107.9 FM:** San Clemente, CA [www.kwve.com](http://www.kwve.com)

**The Fish 95.9 FM:** Glendale, CA [www.thefish959.com](http://www.thefish959.com)

**MENTAL HEALTH/COUNSELING**

**Bright Futures for Kids:** 714.543.4333 [www.brightfutures4kids.org](http://www.brightfutures4kids.org)

**Catholic Charities OC:** 714.347.9600 [www.ccoc.org](http://www.ccoc.org)

**Children and Youth Services (CYS):** 714.842.6600 [www.cspinc.org](http://www.cspinc.org)

**CHEC Family Resource Center:** 949.489-7742 [www.mission4health.com](http://www.mission4health.com)

**County of Orange Behavioral Health Services Information/Referral Links:** 949. 454.3940 or  
855.886.5400 [www.ochealthinfo.com/oclinks](http://www.ochealthinfo.com/oclinks)

**Depression and Bipolar Support Alliance:** 800.826.3632

**Health Care Agency Behavioral Health:** 855.625.4657

**Hopeline:** 800.442.4673

**Mental Health America:** 800.969.6642

**National Alliance on Mental Illness:** 800.950.6264 [www.nami.org](http://www.nami.org)

**National Eating Disorders:** 800.931.2237  
**National Center for Posttraumatic Stress Disorder:** 802.296.6300  
**Orange County Adult Mental Health Services:** 714.850.8463 [www.ochealthinfo.com](http://www.ochealthinfo.com)  
**Orange County Children & Youth Services:** 855.886.5400 [www.ochealthinfo.com](http://www.ochealthinfo.com)  
**Jewish Family Services:** 949.435.3460 [www.familyservicesoc.org](http://www.familyservicesoc.org)  
**Mariposa Women/Family Center:** 714. 547.6494 [www.mariposacenter.org](http://www.mariposacenter.org)  
**National Alliance of Mental Health OC (NAMI):** 714.544.8488 [www.namioc.org](http://www.namioc.org)  
**National Suicide Prevention Lifeline:** 800.273.8255  
**Orange County Crisis Prevention Hotline:** 1.877.727.4747  
**The OC Warm Line:** 877.910.WARM or 714.991.6412  
**South County Family Resource Center:** 949.364-0500 [www.socfrc.org](http://www.socfrc.org)  
**Western Youth & Family Services:** 949.595.8610 [www.westernyouthservices.org](http://www.westernyouthservices.org)

## **OTHER**

**211 OC:** 211  
**Office on Aging:** 800.510.2020  
**National Council on Problem Gambling:** 800.522.4700  
**Eating Disorders Awareness and Prevention:** 800.931-2237  
**Elder Abuse:** 800.477.3646 (24-hour hotline)  
**Gamblers Anonymous:** 626.960.3500  
**Shoplifters Anonymous:** 800.848.9595  
**Teen Help Adolescent Resources:** 800.840.5704

## **PREGNANCY RESOURCE**

**County of Orange- Pregnancy Care Guidance Program:**  
 855.886.5400 [www.ochealthinfo.com](http://www.ochealthinfo.com)  
**Pregnancy Resource Center of San Clemente:**  
 416 Avenida de la Estrella, San Clemente, CA 949.334.7722 or 949.427.9736  
[www.sanclementepregnancy.com](http://www.sanclementepregnancy.com)  
**Women, Infants and Children-WIC:**  
 Camino Health Center  
 1031 Avenida Pico, Ste #104, San Clemente, CA 92673  
 30300 Camino Capistrano, San Juan Capistrano, CA 92672  
 949.240.2272 [www.caminohealthcenter.org](http://www.caminohealthcenter.org)

## **RAPE AND SEXUAL ASSAULT**

**National Domestic Violence/Child Abuse/Sexual Abuse:** 800.799.7233  
**Rape, Abuse, and Incest National Network (RAINN):** 1.800.656.HOPE

## **RUNNING AWAY**

**Child Find of America:** 800.426.5678  
**National Hotline for Missing & Exploited Children:** 800.843.5678  
**Teen Helpline:** 800.852.8336

## **SENIOR SERVICES**

**Age Well/Senior Center San Clemente:**

117 Avenida Victoria, San Clemente, CA 92672

949.498.3322 [www.agewellseniorservices.org](http://www.agewellseniorservices.org)

**Age Well/Senior Center Dana Point:**

34052 Del Obispo Street, Dana Point, CA 92629

949.496.4252 [www.agewellseniorservice.s.org](http://www.agewellseniorservice.s.org)

**Age Well/Senior Center-San Juan Capistrano:**

25925 Camino Del Avion, San Juan Capistrano, CA 92675 949.493.5921

[www.agewellseniorservices.org](http://www.agewellseniorservices.org)

**Aging Matters:**

949.212.4105 [www.aginingmattersinc.com](http://www.aginingmattersinc.com)

**Alzheimer's Association of OC:** 800.272.3900 [www.alz.org/oc/](http://www.alz.org/oc/)

**American Board of Home Health Care:** 877.436.5259 [www.americanboardofhomecare.org](http://www.americanboardofhomecare.org)

**Council on Aging:** 714.479.0107 [www.coasc.org](http://www.coasc.org)

**Meals on Wheels-Laguna Niguel, CA:**

949.362.2807 [www.agewellseniorservices.org/meals-on-wheels](http://www.agewellseniorservices.org/meals-on-wheels)

**Medicare:** 1.800.633.4227 [www.medicare.gov](http://www.medicare.gov)

**National Council on Aging:** [www.ncoa.org](http://www.ncoa.org)

**OC Health Care- Senior Health Outreach & Prevention Program (SHOPP):**

714.972.3700 [www.ochealthinfo.com](http://www.ochealthinfo.com)

**OC Social Services Adult Protective Services:** 800.451.5155 [ssa.ocgov.com/abuse/elder](http://ssa.ocgov.com/abuse/elder)

**Rehabilitation Institute of Southern California (RIO) San Clemente:**

2021 Calle Frontera, San Clemente, CA 92673

949.498.7671 [www.riorehab.org](http://www.riorehab.org)

**San Clemente Village Core:** 714.803.2388 [www.villagecore.org](http://www.villagecore.org)

**Seniors Helping Seniors Orange County:** 800.481.2488 [www.homecarebyseniors.com](http://www.homecarebyseniors.com)

**Tax Assistance (VITA):** 888-227-7669 [www.irs.gov/Individuals/Free-Tax-Retum-Preparation-for-You-by-Volunteers](http://www.irs.gov/Individuals/Free-Tax-Retum-Preparation-for-You-by-Volunteers) (Available in San Clemente at FAM)

**SUBSTANCE ABUSE**

**Ecstasy Addiction:** 800.468.6933

**Mothers Against Drunk Driving (MADD):** 877.275.6233

**National Institute on Drug Abuse Hotline:** 800.662.4357

**National Help Line for Substance Abuse:** 800.662.4357

**Narcotics Anonymous:** 714.590.2388

**Poison Control:** 800.222.1222

**SAMHSA's National Helpline:** 1.800-662.4357

**UTILITY ASSISTANCE**

**Community Action Partnership (CAP):** 714.897.6670 [www.capoc.org](http://www.capoc.org)

**Family Assistance Ministries:** 949.492.8477 [www.family-assistance.org](http://www.family-assistance.org)

**San Diego Gas & Electric (CARE Program):** 866.429.3603 [www.sdge.com/assistance/](http://www.sdge.com/assistance/)

**Share Ourselves (SOS):** 949.650.0640 [www.shareourselves.org](http://www.shareourselves.org)

**VETERANS/MILITARY RESOURCES**

**Active Duty Families:** 18 Prestwick Court, Trabuco Canyon, CA 92679 949.636.2652

**American Legion OC:** P.O. Box 6421 Orange, CA 92863 901.859.7663 [www.oclegion.org](http://www.oclegion.org)

**Armed Force 2 Work Force:** 714.671.8550 [www.armedforce2workforce.org](http://www.armedforce2workforce.org)

**Breath Wellness Center:** 647 Camino De Los Mares #218, San Clemente, CA 92673 949.584.1942  
[www.thebreathcenter.org](http://www.thebreathcenter.org)

**CAL Vets:** 800.952.5626 [www.calvet.ca.gov](http://www.calvet.ca.gov)

**Employment Development Department (Veterans):**

2450 E. Lincoln Ave., #200, Anaheim, CA 92806

714.518.2315 [edd.ca.gov/veterans](http://edd.ca.gov/veterans)

**Innovative Housing Solutions:**

19772 MacArthur Blvd, Ste #110, Irvine, CA 92612

949.863.9740 [www.InnovativeHousing.com](http://www.InnovativeHousing.com)

**San Clemente Military Family Outreach:**

2001 Calle Frontera, San Clemente, CA 92673

949.388.2812 [www.militaryfamilyoutreach.com](http://www.militaryfamilyoutreach.com)

**South OC Veterans Center:**

26431 Crown Valley Pkwy. #100, Mission Viejo, CA 92691 949.348.6700

**San Clemente Presbyterian Marine Ministry:**

119 N. Avenida de la Estrella, San Clemente, CA 92672 949.492.6158 [www.scpres.org](http://www.scpres.org)

**US Department of Veterans Affairs:** 800.827.1000 [www.longbeach.va.gov](http://www.longbeach.va.gov)

**Volunteers of America:** 2100 N. Broadway, Ste. 300, Santa Ana, CA 92706 213.389.1500  
[www.voala.org](http://www.voala.org)

**Veterans First:** 1540 East Edinger Santa, Ana, CA 714.547.0615 [www.veteransfirstoc.org](http://www.veteransfirstoc.org)

**Veterans Transition & Education Center Saddleback College:**

28000 Marguerite Pkwy, Mission Viejo, CA 92692 949.582.4252 [www.saddleback.edu/vets](http://www.saddleback.edu/vets)

**Working Wardrobes:** 3030 Pullman Street Suite A, Costa Mesa, CA 92626 714.210.2460

[www.workingwardrobes.org/career-success-institute/vetnet](http://www.workingwardrobes.org/career-success-institute/vetnet)

## **VOLUNTEER OPPORTUNITIES**

**Bite Sized Serving:** [www.scpres.org](http://www.scpres.org)

**Family Assistance Ministries:** [www.family-assistance.org](http://www.family-assistance.org) Love San Clemente- [lovesanclemente.com](http://lovesanclemente.com)

**Volunteer Match:** [www.voluntermatch.org](http://www.voluntermatch.org)

## **WELLNESS**

**Breath Wellness Center:**

1181 Puerta Del Sol, Suite 130, San Clemente, CA 92673

949.584.1942 [www.thebreathcenter.org](http://www.thebreathcenter.org)

**San Clemente Collaborative:**

949.547.7260 [www.sanclementecollaborative.com](http://www.sanclementecollaborative.com)

**The Noble Path Foundation:** 949.234.7259 [www.thenoblepathfoundation.org](http://www.thenoblepathfoundation.org)

**Wellness and Prevention Center:** 949.680.0516 [wellnessandpreventionsanclemente.com](http://wellnessandpreventionsanclemente.com)

## **WOMEN'S GROUPS**

**American Assn of University Women-SC/Capo:** [www.aauw-ca.org](http://www.aauw-ca.org)

**League of Women Voters Capistrano Area:** [www.lwvcba.org](http://www.lwvcba.org)

**Mothers of Preschoolers (MOPS):** 949.940.2616

**MOPS Next:** [www.pacificcoastchurch.org/mops](http://www.pacificcoastchurch.org/mops)

**Moms Club of San Clemente:** [www.momsclubofsancllemente.com](http://www.momsclubofsancllemente.com)

**San Clemente Junior Women's Club:** [www.scjwc.org](http://www.scjwc.org)